

ATHLETE DEVELOPMENT STRATEGY

OUR CORE PROGRAMS CAN BE UTILIZED TO ACHIEVE LONG TERM ATHLETE GROWTH & DEVELOPMENT AT THE LAX BOX

02

01

DISCOVERY & FUNDAMENTALS

SKILLS SCHOOL LEVEL 1

BEGINNER LESSONS

YOUTH TRAIN & PLAY

FREE CLINIC FRIDAYS

SKILLS & GAME IQ DEVLEOPMENT

REC LEAGUE

POSITION SPECIFIC LESSONS

SKILLS SCHOOL LEVEL 2

TRAIN & COMPETE

03

REC LEAGUE

SKILLS SCHOOL LEVEL 2 & 3

POSITION SPECIFIC LESSONS

SPORTS PERFORMANCE TRAINING

SURGE ELITE COLLEGE SHOWCASE TEAM

NEW & BEGINNER LEVEL ATHLETES

INTERMEDIATE & ADVANCED LEVEL ATHLETES

COMPETITIVE ATHLETES WITH HIGH LEVEL GOALS

(I.E. JV/VARSTY, SELECT TEAM TRYOUTS, COLLEGE RECRUITING, OTHER PERFORMANCE GOALS)